

Developing Leadership Skills



Session Moderators: Ashura Buckley, MD, Sleep and Neurodevelopment Service, NIMH
Nitin Seam, MD, Critical Care Medicine Department, CC

Extramural versus intramural footprint: How to obtain recognition in your field in either or both communities

INTRAMURAL (Dr. Buckley)

INDIVIDUAL LEVEL: Promote your work

- Panel discussions
- Consider all invitations
 - Volunteer where applicable
- Ask to meet with your Clinical and Scientific Directors, 1:1 regularly
 - They want to know what you do!
- Ask about leadership seminars
 - <https://hr.nih.gov/training-center/leadership/nih-continuum-leadership>
 - You may be volunteered. Accept!
- IC newsletters
 - Does your Institute have one? Can you start one?

SYSTEMS LEVEL: Identify areas where you can personally improve workflow/work products

- Understand the infrastructure on an intimate level
 - Where do your consults come from? i.e. major users of your expertise
 - Meet with every PI you can, understand their needs
 - Explain how your part of the puzzle fits in the whole

ABOVE & BEYOND: Think outside the box

- Are there non-traditional opportunities?
 - i.e. organize a Symposium
 - Be very open to scientific collaboration with other investigators (including those outside your IC)

Extramural – Making Yourself Known Outside the NIH (Dr. Seam)

- Volunteer for national societies
 - Most prominent societies have ways to get involved
 - Society committees and assemblies have leadership paths for active participants
- Hone presentation skills at external meetings
 - Grand Rounds, regional and national meetings
 - Increase your professional network
- Faculty appointments
 - Local university service → clinical or adjunct appointment
- Editorial Boards
 - Helpful in obtaining faculty promotion

Q/A: Drs. Buckley and Seam will present a few questions for discussion to the group

NIH Staff Clinician Council

Contact: SC_Council@nih.gov **More information:** <https://sigs.nih.gov/scc>